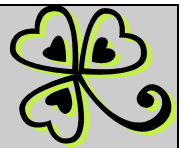




Shoreline News

Life Enriching Activities for the Adult 50 & Over



Dear Friends,

Seems hard to believe that March is here already. For everyone going back safe travels and please know we look forward to seeing you next year. We have some fun things planned for this month...please take a look. As Always we look forward to seeing you Soon,
Carolyn & Angie

March 2019 Excursions & Events

Please call 981-3440 to sign up for any of the events listed below

March 1st @ 10am: "Now Hear This—Hearing Health Seminar" Presented by Aaron Bilotta with Colear and Dr. Emily Domingue of Ascent Audiology. If your hearing aids are no longer enough, please attend to learn if an implantable hearing solution is right for you.

March 4th—9am : "AARP Driver Safety Course": The course fee, which covers all materials is \$ 15.00 for AARP Members and \$ 20.00 for non-members. Seating is limited to 20 so please call to register. Please bring Drivers License & AARP Card. Thanks to Ken Cole our instructor from Illinois for setting this class up for us

March 4th @ 6 pm : "Community Center Pot Luck": Community Pot Luck @ Community Center. Bring a Dish to Pass. Main Dish will be Corned Beef & Cabbage. Program: Debbie Williams of WKRG15 News.
Additional Info: Contact- Linda Tucker # 981-1942

March 8th 10:00am: "Mystery Trip": We have space for 20. The cost is \$ 5.00 person. There will be moderate walking. We will leave from the Senior Center.

March 12th @ 10am - Grief Support Group : This group will be led by Community Hospice.

March 15th @ 12:00pm: "Genghis Khan : The Great Civilizer Exhibit": If you missed this last month... Take a journey back in time with one of history's most prolific and controversial figures – Genghis Khan. Through artifacts, performers, artwork, and other historically significant items, discover the eye-opening story of the world's most well-known conqueror, civilizer and innovator. We will depart from the Orange Beach Senior Center. Cost is \$ 20.00 per person for transportation & entrance fee. We have space available for 20. Payment due at sign up.
Please be sure to have lunch before as we will not be stopping to eat.

March 22nd @ 9:30am "Festival of Flowers". The 26th annual events theme is "Dutch Gardens". We will travel to the Providence Hospital Campus in Mobile. We'll be doing "a lot" of walking. Cost is \$ 15.00 per person includes transportation and Festival entrance ticket. Lunch is on your own. We have space available for 20. Please call to sign up.

ON GOING WEEKLY ACTIVITIES

***EXERCISE CLASS:**

Monday, Wednesday, & Friday: 7:45am-8:45am

***SIT & BE FIT EXERCISE CLASS:**

Mondays & Wednesdays: 2:00pm—3:00pm

HAND & FOOT CANASTA:

Monday & Thursday : 9:30am—12:00pm

MAH JONG: Monday @ 1:00pm

BRIDGE: Tuesday & Thursday:
12:00pm—3:30pm

YOGA for EVERY BODY:

Tuesday & Thursday 8am—9am

DOMINOES:

Wednesday: 9:30am—12:00pm & Thursday: 1:00pm

***LINE DANCING CLASS:**

Wednesday: 9:30am –11:30am

*Cost for class is \$3.00 residents \$ 5.00 non-residents

MARCH 2019 ARTS & CRAFTS

Please call 981-3440 to sign up for our Classes

OPEN WORKSHOPS: Mondays 9:00a—2:00pm.

CERAMICS: Tues 9:00am—11:00am,
Cost is per Item.

WINE BOTTLE CHIMES:
Thursdays 9:30am –11am
Cost is \$ 10.00

