


ORANGE BEACH SENIOR/ADULT ACTIVITY CENTER □ 26251 CANAL ROAD □ 251-981-3440

July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10am: TRIP- "Luau" in Robertsdale	2
3	4  INDEPENDENCE DAY SENIOR CENTER CLOSED	5 8:30-9:30am: Yoga 9-11am: Ceramics 12-3pm: Party Bridge	6 9-9:30am: Blood Pressure 9-10am: Tai Chi 9-11am: Pine Needle Baskets 9:30-12pm: MexTrain Dominoes 2-3pm: Fit & Tone	7 8:30-9:30am: Yoga 9-11am: Driftwood Candleholder 9:30-11:30am: Hand & Foot 12-3pm: Party Bridge	8	9
10	11 9am-2pm: Craft Workshop 9:30-11:30am: Hand & Foot 12:30-3pm: Mah Jong 2-3pm: Sit & Be Fit	12 8:30-9:30am: Yoga 9-11am: Ceramics 12-3pm: Party Bridge	13 9-9:30am: Blood Pressure 9-10am: Tai Chi 9-11am: Pine Needle Baskets 9:30-12pm: MexTrain Dominoes 2-3pm: Fit & Tone	14 8:30-9:30am: Yoga 9-11am: Driftwood Candleholder 9:30-11:30am: Hand & Foot 12-3pm: Party Bridge	15	16
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24 31	25 <i>Pardon our Progress</i>	26 Senior Center	27 Is Closed	28 For Flooring	29 Renovations	30 <i>Pardon our Progress</i>