



Shoreline News

Life Enriching Activities for the Adult 50 & Over



Dear Friends,

"Happy Spring" !!!! Please read about our activities below. Please plan to join us on April 26th for "Brunch & Learn" sponsored by Clear Captions. Our trips will be on the April 5th, 12th & 23rd. Also we are getting ready for the 2019 Masters Games which begin April 25th at Via Center in Mobile.

As Always we look forward to seeing you Soon, Carolyn & Angie

April 2019 Excursions & Events

Please call 981-3440 to sign up for any of the events listed below

April 1st @ 6 pm : "Community Center Pot Luck": Community Pot Luck @ Community Center. Bring a Dish to Pass. Main Dish will be Ham. Program: Speaker—Mr. Ralph Pereda

April 5th @ 9:30am : "Trip: Baldwin County Master Gardeners—Spring Plant Sale @ Weeks Bay : We will depart at 9:30am. Cost is \$ 5.00 per person for transportation. Following we will go for lunch at Truttoria Pizza & Italian. Participants are responsible for their own lunch. We have space for 15.

April 9th @ 10am - Grief Support Group : This group will be led by Community Hospice.

April 12th @ 11:00am - "Mystery Lunch Trip" : We will depart at 11am the cost is \$ 3.00 per person for transportation. We will be going to lunch as well. Participants are responsible for their own lunch. Join us for an adventure.....We have space available for 15.

April 23rd @ 5:00pm: "Trip: Blue Wahoos Game" : We will depart from the Orange Beach Senior Center. Cost is \$ 15.00 per person. We have space available for 10. Please call to sign up.

2019 Masters Games Upcoming Dates & Events:

April 25 @ Via Health in Mobile: Basketball Free Throw; Billiards; Frisbee & Nerf Toss; Softball Throw & Horseshoes.
May 22nd @ Orange Beach Recreation Center: Shuffleboard, Table Tennis & Checkers.

April 26th @ 10am: "Brunch & Learn" : Sponsored by Clear Captions. This is a topic you won't want to miss!!!!
Please call to reserve a seat.

April 27th 10am—2pm: National Prescription Drug Take Back Day: Orange Beach Police Department Lobby.
Dispose your unused prescription drugs. Remove any labels on pill bottles and place them in the lobby drop box.



Please Note: The Orange Beach Lions Club will be placing a box at the Senior Center for any old prescription glasses you may have to donate. Thanks !!!!

ON GOING WEEKLY ACTIVITIES

*EXERCISE CLASS:

Monday, Wednesday, & Friday: 7:45am-8:45am

*SIT & BE FIT EXERCISE CLASS:

Mondays & Wednesdays: 2:00pm—3:00pm

HAND & FOOT CANASTA:

Monday & Thursday : 9:30am—12:00pm

MAH JONG: Monday @ 1:00pm

BRIDGE: Tuesday & Thursday:
12:00pm—3:30pm

YOGA for EVERY BODY:

Tuesday & Thursday 8:30am—9:30am

DOMINOES:

Wednesday: 9:30am—12:00pm & Thursday: 1:00pm

*LINE DANCING CLASS:

Wednesday: 9:30am—11:30am

*Cost for class is \$3.00 residents \$ 5.00 non-residents

APRIL 2019 ARTS & CRAFTS

Please call 981-3440 to sign up for our Classes

OPEN WORKSHOPS: Mondays 9:00a—2:00pm.

CERAMICS: Tues 9:00am—11:00am,
Cost is per Item.

COLOR ME CALM:
Wednesdays 9am-11am
Cost: Free All materials supplied.

SHELL CROSSES:
Thursdays 9am -11am
Cost is \$ 10.00

