

JULY

2026

CITY OF ORANGE BEACH
PARKS AND RECREATION

MON	TUE	WED	THU	FRI
ORANGE BEACH SENIOR CENTER 26251 CANAL RD ORANGE BEACH, AL 36561 251-981-3440		1 HAND & FOOT 9A-12P BP CHECKS 9A BEGINNER MAH JONGG 12-3P ROCK N ROLL TDP 5-7P	2 YOGA (S&M) 8:30-9:30A GAME DAY 9A-12P PARTY BRIDGE 11:30A-3P SIT & BE FIT 2-3P	3 Sorry we're CLOSED
6 HAND & FOOT 9A-12P MAH JONGG 12-3P SIT & BE FIT 2-3P	7 YOGA (S&B) 8:30-9:30A PARTY BRIDGE 11:30A-3P	8 HAND & FOOT 9A-12P BP CHECKS 9A PAINT& SIP 12-2P BEGINNER MAH JONGG 12-3P	9 YOGA (S&M) 8:30-9:30A GAME DAY 9A-12P PARTY BRIDGE 11:30A-3P SIT & BE FIT 2-3P	10 MAH JONGG 9A-12P MENS HEALTH LUNCH & LEARN 11A-12:30P
13 HAND & FOOT 9A-12P MAH JONGG 12-3P SIT & BE FIT 2-3P	14 YOGA (S&B) 8:30-9:30A PARTY BRIDGE 11:30A-3P	15 HAND & FOOT 9A-12P BP CHECKS 9A RESTORATIVE YOGA 9:15-11A PAINT& SIP 12-2P	16 YOGA (S&M) 8:30-9:30A GAME DAY 9A-12P PARTY BRIDGE 11:30A-3P SIT & BE FIT 2-3P	17 MAH JONGG 9A-12P PLANT-A-PALOOZA 10A-12P
20 HAND & FOOT 9A-12P MAH JONGG 12-3P SIT & BE FIT 2-3P	21 YOGA (S&B) 8:30-9:30A PARTY BRIDGE 11:30A-3P	22 HAND & FOOT 9A-12P BP CHECKS 9A PAINT& SIP 12-2P BEGINNER MAH JONGG 12-3P	23 YOGA (S&M) 8:30-9:30A GAME DAY 9A-12P PARTY BRIDGE 11:30A-3P RESIN ART 12-3P SIT & BE FIT 2-3P	24 MAH JONGG 9A-12P BINGO 10A-12P \$5 FOR LUNCH
27 HAND & FOOT 9A-12P MAH JONGG 12-3P SIT & BE FIT 2-3P	28 YOGA (S&B) 8:30-9:30A PARTY BRIDGE 11:30A-3P	29 HAND & FOOT 9A-12P BP CHECKS 9A BEGINNER MAH JONGG 12-3P	30 YOGA (S&M) 8:30-9:30A GAME DAY 9A-12P PARTY BRIDGE 11:30A-3P SIT & BE FIT 2-3P	31 MAH JONGG 9A-12P FLOWER POWER 10A-2P

SENIOR SOCIAL

ROCK N ROLL TDP

JULY 1 * 5-7P

JOIN US FOR A GROOVY RED, WHITE, AND BLUE TIE-DYE PARTY! YOU BRING THE SHIRT, WE PROVIDE THE DYE! LIVE MUSIC & FOOD TRUCK ON-SITE.

PAINT & SIP

JULY 8 & 22 * 12-2P

BRING YOUR FRIENDS, BEVERAGE OF CHOICE, AND ENJOY A FUN SESSION OF CERAMIC PAINTING. COST \$10. MUST BE REGISTERED.

PLANT-A-PALOOZA

JULY 17 * 10A-12P

FOOD • WORMS & DIRT • FLOWER POT DECORATING • POTTING • CLIPPING EXCHANGE! COST \$5. MUST BE REGISTERED.

CHRISMTAS IN JULY RESIN

JULY 23 * 12-3P

CHRISTMAS IN JULY THEMED RESIN ART CLASS. COST \$25. MUST BE REGISTERED.

FLOWER POWER

JULY 31 * 10A-2P

OPEN PLAY MAH JONGG + POTLUCK! BRING A DISH TO SHARE, YOUR FRIENDS, BEVERAGE OF CHOICE, SETS, AND DRESS IN YOUR MOST FESTIVE 60'S ATTIRE! MUST BE REGISTERED.

SENIOR FIT

\$5.00 DROP-IN
\$45.00 PUNCH CARD

RESORATIVE YOGA

JULY 15 * 9:15-11A

COST \$10. MUST BE REGISTERED.

YOGA: STRETCH & BALANCE (S&B)
TUES 8:30-9:30A

YOGA: LOW IMPACT STRENGTH & MOBILITY (S&M)
THURS 8:30-9:30A

SIT & BE FIT
MON & THURS
2-3P

